



## From the Speech Room

It's Spring!!!



### Did you know that?

Many students with learning disabilities have weaknesses in Executive Functioning. Executive Functioning is the ability to organize and manage one thoughts, actions and emotions. These weaknesses can impair a student's ability to pay attention in class, organize their schoolwork, begin or start a task, and regulate their emotions. As a parent, you can help your child with these skills at home by going through their backpacks on a weekly basis. Teach them to organize their school work, by throwing out papers and things that are not needed and keeping their important papers. Demonstrate how their backpack should look. Keep a visual schedule for what's expected at home. A chart showing the time they do homework, eat dinner, watch TV or play a video game and time to get ready for bed. These schedules will help them to organize their time. A timer may also help them to regulate how long they spend on each task. They need structure at home, which in turn, will help to support and strengthen their executive functioning skills.



### THEMES/UNITS

Literacy – Planting a Rainbow

St. Patrick's Day – Let's build a Leprechaun! (Vocabulary)

Social Skills – Expected and Unexpected behavior

### Things to do at home in March

1. Celebrate St. Patrick's Day by drawing a rainbow with a pot of gold at the end.
2. Read a book about planting seeds and maybe actually plant some in your backyard or in a pot to put in your kitchen.
3. Complete a March Madness bracket together.
4. Fly a kite in the park.

### Suggested March Vocabulary

Daylight savings time

Leprechaun      Clover

Butterfly      Ireland

Rainbow      Violets

### BOOKS

Planting a Rainbow – by Lois Ehkert

And it's Spring by Julie Fogliano

When Spring Comes by Kevin Henkes

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