



Westbridge Academy  
"Bridges to Home"  
(Family Partnership Program)



Presents

"Stop & Think Parenting:  
Teaching Children to Get Along"

Thursday, December 5, 2013

at

Westbridge Academy, 60 West St., Bloomfield

**1:15pm - 2:30pm**

Complimentary Lunch from 12:15pm - 1:15pm

Registration Required - Contact Eboni Williams (973.429.8110 Ext. 110)

**RSVP by November 27<sup>th</sup> ?**

In today's world, it is more difficult than ever for parents to raise healthy and well-disciplined children. Every day, children experience confusing, mixed, and dangerous messages. They observe questionable role models, both in their real lives and in the media. And, they feel the constant pressure to "follow the leader" so that they will be accepted by their peers. In the midst of all of this, parents still need to be their children's primary "teachers". . . and yet, many parents are calling for help.

This presentation will provide an overview of **The Stop and Think Parenting Book: A Guide to Children's Good Behavior**. This program teaches parents how to teach their children the interpersonal, problem solving, and conflict resolution skills that will help them succeed in all settings. Focusing on the preschool to late elementary school age span, the program helps teach children over 20 important behavioral skills-Listening, Following Directions, How to Interrupt, Accepting Consequences and Apologizing, Dealing with Teasing, How to Handle Peer Pressure-and how to use them in real life. The Stop & Think teaching process will be emphasized with specific examples and demonstrations.

**Parents and Guardians of Westbridge Academy students only.**