



From the Speech Room

Happy New Year!!



Did you know that?

The New Year is always a great time for reflection and new beginnings. For our children, the new year can be a time for a fresh start. If they have been struggling in school or going through a difficult time at home, January can be a time to set new goals. I would suggest starting with one simple positive goal that you feel your child has a chance to succeed at. It can be going to bed at a reasonable time every night, saying please and thankyou on a regular basis, incorporating one new fruit or vegetable in their diet or maybe playing one less hour of video games a day. Let your child have success at one goal and reward them with stickers or a play date. Let's make our children/students feel successful in the new year, this will help to build a positive self-image and provide confidence to continue on and be successful at more challenging goals in the future.



THEMES/UNITS

Literacy – The Mitten

Martin Luther King – Reading comprehension skills

Vocabulary - Blizzards, sleet, snow and all winter weather

Things to do at home

1. Plan an alone time together to read a story or make an easy recipe.
2. Make a snowman craft out of marshmallows, pretzel sticks and M&M's. It is an easy craft you can find on-line.
3. Play a board game with your child, put down the electronics.

Suggested Vocabulary

Frostbite	Dreary
Shiver	Parka
Snowbound	Iceberg

BOOKS

The Mitten by Jan Brett

I Know an Old Lady Who Swallowed some Snow
by Allison Jackson

The Cat in the Hat – A Long Winters Nap by Ken Cuperus

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