

From the Speech Room Happy February



The month of February is already here and winter weather is still making itself known with just recently quite a snowstorm. Many of our students have and will be secluded much of their time watching television and playing video games. Now is the perfect time to offer some other activities to enhance learning and increase creativity. It's time to offer hot chocolate while reading a story together, maybe teach them a new recipe and make it part of your afternoon activity and also make sure to go out and build a snowman if there happens to be some snow on the ground. Always take advantage of these winter months to spend time with your child. These months can be gloomy months and can lead to seasonal depression in children and adults. It's important to find fun activities to lift their spirits and help them to enjoy the season!!



Themes of the Month

<u>Literacy</u> – When the Snow Falls by Linda Booth Sweeny

<u>Valentine's Day - Making friendship</u> hearts.

President's Day – Crossword Puzzle

Things to do at home

- 1. Plan a nightly story time ritual.
- Make a snowman craft out of marshmallows, pretzel sticks and M&M's.
 It is an easy craft you can find on-line.
- **3.** Play a game of cards or a boardgame with your child.

Suggested Vocabulary

Frigid Dreary

Blizzard Arctic

Snowbound Avalanche

Books

Go Away Winter – by Martha Dinsdale

I Know an Old Lady Who Swallowed some **Snow** by Allison Jackson

<u>The Cat in the Hat – A Long Winters Nap</u> by Tish Rabe

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